

## Journal of Medical and Life Science

https://jmals.journals.ekb.eg/



### Vermicompost is an alternative to chemical fertilizer for soil: a review

**Taif Muthher Muslim** 

Environmental Research and Pollution Prevention Unit, College of Science, University of Qadisiyah, Iraq Email: <u>Taif.muslim@qu.edu.iq</u>

DOI:10.21608/jmals.2025.416704

### Abstract

Chemical fertilizers are frequently employed to increase agricultural yields and satisfy the nutritional needs of crops. Unfortunately, they are quite expensive, and their overuse in soil raises production costs while harming the ecosystem and the soil. The rate at which the world's population is growing is concerning. Intense farming, utilizing larger agricultural areas and more chemical fertilizer, had been used to fulfill the rising demand for food. Food and agriculture experts claim that chemical fertilizers are the single most significant factor increasing global agricultural productivity. Crop growth and soil health are greatly affected by intensive land use coupled with continuous and inaccurate application of higher doses of inorganic fertilizers. Bioxidation and stabilization of organic material involving the joint action of earthworms and mesophilic micro-organisms" is the definition of vermicomposting. Worms can consume agricultural waste and reduce its volume when the right circumstances are met.

Keywords: Vermicompost, organic waste, soil, Charles Darwin, plants

#### **Introduction:**

Global consumerism has grown rapidly, which has major negative effects on the environment (1). The buildup of heavy metals in the soil and plant systems may be impacted by fertilization. Fertilizers are absorbed by plants through the soil and can then go up the food chain. Thus, contamination of the air, water, and soil results from fertilizing (2). Heavy metals and naturally occurring radionuclides are thought to be possible sources from the fertilizer sector. It is mostly composed of natural radionuclides such as 238U and 232Th, as well as heavy metals such as Hg, Cd, As, Pb, Cu, Ni, and Cu (3,4). However, the usage of fertilizer has grown rapidly worldwide in recent years, leading to significant environmental issues (5). Heavy metal buildup in the soil and plant system may be impacted by fertilization (6,7). To enter the food chain, plants nutrients must absorb through the soil.

Consequently, soil, water, and air pollution are caused by fertilizer (8). To satisfy the demands of the expanding population, food production was greatly enhanced by the excessive use of artificial fertilizers (9). Chemical fertilizers are used in crop production to meet the food needs of 50% of the population. However, because of pesticide residues in food products, this has resulted in environmental damage and health problems (10). With the interest in environmental balance and the need to ensure adequate protection of biological resources, ecosystems, and life-support systems (sustainable development) (11), there was an urgent need to recycle organic waste using earthworms, which are considered a decomposer of plant residues (12). The first to mention the importance of earthworms and consider them soil engineers was Charles Darwin (13). Vermicomposting various organic wastes with earthworms to create a nutrient-rich "organic

Received: December 15, 2024. Accepted: February 18, 2025. Published: March 9, 2025

fertilizer" and using the resulting "chemical-free safe food" to produce food that is both safe and abundant without the use of agrochemicals is revolutionizing the field of vermiculture research (14). The study's objective is to demonstrate the effectiveness and advantages of using organic fertilizers over chemical fertilizers.

### Benefits and drawbacks of chemical fertilizers:

A natural or synthetic material called fertilizer includes one or more of the chemical elements such as N, P, and K that promote plant growth and productivity (15). Chemical fertilizers are easier to apply and less expensive than organic fertilizers, but they also influence the soil's naturally occurring microbes, which increase soil fertility (16). Chemical fertilizers come in many forms and are designed to be applied to various soil types for a range of plants and crops (17). Chemical fertilizers are inorganic substances that are partially or completely produced. Enhancing macronutrients like nitrogen (N), phosphorus (P), and potassium (K) will increase plant growth and development and, ultimately, plant production. This is the goal of adding chemical fertilizers to the soil (18). The harms of chemical fertilizers include their ability to produce various greenhouse gases (15). Urea was the chemical fertilizer that produced the most greenhouse gas emissions (almost 60% of all greenhouse gas emissions). This was because it was applied to crops at a reasonably high rate and had relatively high GHG emission intensities during both application and manufacture (19). However, even though chemical fertilizers are primarily responsible for the world's crop production being sufficient, their excessive use is posing serious risks to both current and future generations, including contaminated air, water, and soil, degraded lands, depleted soils, and increased greenhouse gas emissions (20). Because agrochemicals include nitrogen, phosphate, and persistent insecticides, their overuse degrades the quality of soil and groundwater (21). By adding nutrients and enhancing soil quality, organic fertilizers help the soil's chemistry, structure, and biological activity (22).

### Vermicomposting and sustainable development:

Vermicompost is an organic fertilizer that is created when organic debris is broken down by red worms, which are often used in this process (23). Vermicomposting, another name for the wormprocess, composting is a sustainable and environmentally friendly method of turning organic waste into high-quality, nutrient-rich plant fertilizer (24). You can turn your garbage into a fantastic plant fertilizer. Earthworms and bacteria work together to create vermicompost (VC), an organic fertilizer that resembles peat and has excellent nutritional value. aeration, porosity, and water-holding capacity (25). VC is acknowledged as an efficient plant growth stimulator in addition to managing organic waste (26). Microbial activity in VC increases the availability of micronutrients such as potassium (K), phosphorus (P), and nitrogen (N) (27).

These procedures include the use of native microorganisms to break down larger, more complicated compounds in the raw substrate into smaller, more straightforward ones. Through the process of vermicomposting, organic waste is converted by earthworms and microorganisms into substances that are safe to use as bio fertilizers and soil conditioners. The variables of temperature, moisture, aeration, and pH affect the rate and extent of composting (28). Earthworms are an important component in the development and maintenance of the physical and chemical properties of soil by converting biodegradable materials and organic waste into nutrient-rich vermicompost. Modern agricultural practices alter the physical and chemical composition of the soil environment and thus modify changes in the abundance and composition of earthworm communities (29,30).

## Mechanism of manufacturing and working of vermicompost:

Earthworms feed on organic matter on the surface of the soil (leaves) or inside the soil (roots), i.e., the remains of plant parts. After these parts are digested by earthworms (31), they produce decomposed materials called compost, which contain higher levels of nitrogen, phosphorus, and carbon compared to soils that do not contain worms. Earthworms dig and mix the soil with plant remains or organic matter to redistribute nutrients vertically and horizontally in the area in which they are located. This affects the biotic and abiotic properties of soil systems and food webs, which affects communities (32).

The decomposed food materials with the soil enter the mouth of the worm with the help of Rostellum, which leads to an increase in calcium in its blood. Calcium is secreted in the intestine of the worm in the presence of calcific glands along the pharynx, which work to regulate the ion of calcium, which leads to a moderation in the concentration of calcium in the blood, in addition to its role in regulating the acidity of body fluids (33). The vesicle is followed by a thin-walled gizzard, after which the food is ground and absorbed by the intestinal wall. The intestine is surrounded by chloagogen tissue, which manufactures sugar and fats. With the help of the oil glands, the food is released into the general cavity of the animal and then into the body tissues, and the rest is expelled from the body and is known as compost (34).

# Vermicomposting requirements and soil standards:

It is necessary to monitor characteristics, including temperature, moisture, pH, airing, particle size, capacity of cationic interchange (CCI), organism matter (OM), nitrogen (N), and C/N ratio to determine if a vermicompost satisfies the requirements for its usage as a soil conditioner (35). The ideal temperature range for *E. fétida* development is between  $15^{\circ}$ C and  $25^{\circ}$ C (36). These parameters control every biological activity of the worm. Temperature also affects how the worm lives. The incubation of *L. terrestres* is hindered at low

temperatures (3-5°C). Soil moisture is one of the most important factors that help earthworms dig soil tunnels, in addition to the mucus on the surface of their bodies (37). For the worm E. fetida to conduct gas exchanges, it needs moisture. The ideal moisture content is between 60% and 80%, which keeps the worm from becoming dehydrated and losing weight (38). Temperature is an important factor in determining and structuring earthworm communities, as the rates of decomposition of organic matter are faster at higher temperatures, which leads to a decrease in organic matter (decomposed leaves, etc.), which leads to the depletion of some earthworms in the region. However, there are types of earthworms that can feed and live in soils that are poor in organic matter and are also able to withstand temperatures of up to 35°C (39). Earthworm casts are a storehouse of nutrients for plants. Increased earthworm activity increases the availability of carbon, which in turn increases the nitrogen and phosphorus available in the casts. This increases earthworm activity and improves the soil aggregates and soil minerals available to plants (40).

### **Studies:**

Vermicomposting is a good method for recycling food and waste, as demonstrated in the study (41). It also has a high organic carbon content (18.83-36.01%) and has the potential to be used as fertilizer (1.16-2.58%) nitrogen, (0.42-1.12%) phosphorus, and 0.61-2.05% potassium. Swiss chard's yield, phytochemical content, and biological activity were assessed in a study that examined the effects of adding chemical fertilizer (ammonium nitrate), compost (vermicompost from cattle manure), and biochar (from wood chips and vineyard pruning residues, respectively) to soil either alone or in combination.

The results of the study showed that vermicompost, either alone or in a mixture with biochar, led to an increase in yield (increased leaf area and plant height) compared to untreated soil or soil treated with chemical fertilizers (ammonium nitrate) (42).

To reduce the use of chemical fertilizers N P K, this study was carried out throughout two consecutive seasons, 2018 and 2019, on the seedless grape variety Superior grown in the experimental farm of the Faculty of Agriculture, South Valley University, Qena Governorate, Egypt, where the soil is sandy clay. Vermicompost and biofertilizers were used to partially replace chemical fertilizers at a rate of 25-75%. According to the findings, providing Superior grapes with vermicompost supplemented with nitrogen, phosphorus, and potassium improved all growth characteristics (shoot length, leaf area, number of leaves/shoots, and leaf mineral content), vielded the highest yield and best-quality fruit for Superior grapes, enhanced the physical and chemical characteristics of the soil. and decreased environmental pollution (43).

Two years of field trials (2003-2005) in a semi-arid tropical setting were used to investigate the effects of chemical fertilizer and vermicompost on the growth, herb production, nutrient absorption, soil fertility, and oil quality of rosemary. As compared to the control (no fertilizer), the application of vermicompost (8 t ha-1) + fertilizer nitrogen, phosphorus, and potassium (150:25:25 kg ha-1) produced the highest herbage and oil yield of rosemary among the seven treatments. It was also found to be comparable to applying NPK fertilizer at twice the rate. Post-harvest soil treated with vermicompost alone showed higher levels of available nitrogen and phosphorus (44).

A study examined the relative effects of chemical fertilizers, vermicompost, and food waste compost (FOWC) on red radish development. The average fresh weight of the 25% FOWC treatment was comparatively high, but the average fresh weight of the 50% mixed compost treatment was much lower. The data illustrates the potential efficacy of distinct food waste treatments in stimulating plant development. Specifically, 25% FOWC and 50% vermicompost have significant potential to enhance agricultural yields (45). The study supported the use

of FOWC and vermicompost as sustainable and ecologically acceptable substitutes for chemical fertilizers, finding that they greatly increased plant growth. The current research highlighted how crucial it is to choose the right kinds of fertilizer and concentrations to increase agricultural output and environmental sustainability.

The impact of varying amounts of vermicompost combined with NPK on the chemical and physical characteristics of cowpea (Vigna unguiculata) and soil was assessed. The soil composition of the trial area was a sandy loam with 62.65% sand, 21.09% silt, and 16.26% clay, ordered in accordance with Inceptisols. The bean plants received three treatments: chemical fertilizer, vermicompost. Vermicompost and its combination with a small amount of chemical fertilizer were the most effective treatments in terms of their impact on the physical and chemical qualities of the soil (46).

### **Conclusion:**

Proficiency has been conclusively demonstrated through research that earthworms and their excrement (ver-mincast) or even bodily fluids (vermiwash) have extraordinary potential for protecting and promoting crop growth. They may also serve as the primary "driving force" in sustainable food production, preserving the health and fertility of the soil and potentially eliminating the need for agrochemicals altogether or only requiring them as a "helping hand" (47). Sufficient nutrient availability is essential for healthy plant development and growth. By adding vermicompost, one may improve soil fertility, preserve moisture, add necessary nutrients in balanced amounts, and reduce pollution in the environment. Furthermore, in a variety of vegetable crops, vermicompost encourages greater plant height, blooming, fruiting, pod development, and leaf growth. It is important to provide farmers with guidance on vermicomposting and the proper application of vermicompost through the coordination of diverse training and extension initiatives. It is necessary to create creative and practical agricultural initiatives to support and

encourage organic farming among farmers. They must be informed about the vermicomposting procedure and the appropriate amounts of vermicompost to use in agricultural areas to get the greatest outcomes.

### **Conflict of interest: NIL**

### Funding: NIL

### **References:**

- Akenji, L. (2014). Consumer scapegoatism and limits to green consumerism. Journal of Cleaner Production, 63, 13-23.
- Khan, M. N., Mobin, M., Abbas, Z. K., & Alamri, S. A. (2018). Fertilizers and their contaminants in soils, surface and groundwater. Encyclopedia of the Anthropocene, 5, 225-240.
- Landa, E. R. (2007). Naturally occurring radionuclides from industrial sources: characteristics and fate in the environment. Radioactivity in the Environment, 10, 211-237.
- Jbara, A., Khaled, S., Shaalan, N. Evaluating the level of pollution of some heavy metals in four types of fish in the Diyala River / Iraq. *Journal* of Medical and Life Science, 2024; 6(3): 420-428. doi: 10.21608/jmals.2024.383095
- Ladha, J. K., Pathak, H., Krupnik, T. J., Six, J., & van Kessel, C. (2005). Efficiency of fertilizer nitrogen in cereal production: retrospects and prospects. Advances in agronomy, 87, 85-156.
- Gupta, D. K., Chatterjee, S., Datta, S., Veer, V., & Walther, C. (2014). Role of phosphate fertilizers in heavy metal uptake and detoxification of toxic metals. Chemosphere, 108, 134-144.
- Toto, N., Khattab, S., El-Abbassy, S., El-Saidy, S. The possibility of using Culex pipiens (Diptera: Culicidae) larvae as a bioindicator of water pollution in Burullus Lake, Egypt. *Journal* of Medical and Life Science, 2024; 6(2): 144-164. doi: 10.21608/jmals.2024.351977

- Khan, M. N., Mobin, M., Abbas, Z. K., & Alamri, S. A. (2018). Fertilizers and their contaminants in soils, surface and groundwater. Encyclopedia of the Anthropocene, 5, 225-240.
- Timsina, J. (2018). Can organic sources of nutrients increase crop yields to meet global food demand?. Agronomy, 8(10), 214.
- Abebe, T. G., Tamtam, M. R., Abebe, A. A., Abtemariam, K. A., Shigut, T. G., Dejen, Y. A., & Haile, E. G. (2022). Growing use and impacts of chemical fertilizers and assessing alternative organic fertilizer sources in Ethiopia. Applied and Environmental Soil Science, 2022(1), 4738416.
- Osipov, V. I. (2019). Sustainable Development: Environmental Aspects. Herald of the Russian Academy of Sciences, 89, 396-404.
- 12. Sinha, R. K., Agarwal, S., Chauhan, K., & Valani, D. (2010). The wonders of earthworms & its vermicompost in farm production: Charles Darwin's' friends of farmers', with potential to replace destructive chemical fertilizers.
- Kiyasudeen, Katheem & Ibrahim, M. & Quaik, Shlrene & Ismail, Sultan Ahmed . (2016).
   Prospects of Organic Waste Management and the Significance of Earthworms. 10.1007/978-3-319-24708-3.
- Kaur, T. (2020). Vermicomposting: An effective option for recycling organic wastes. Organic agriculture, 2020, 1-17.
- Kumar, R., Kumar, R., & Prakash, O. (2019). Chapter 5, the impact of chemical fertilizers on our environment and ecosystem. Chief Ed, 35(69) 1173-1189.
- Nadarajan, S., & Sukumaran, S. (2021). Chemistry and toxicology behind chemical fertilizers. In Controlled Release fertilizers for sustainable agriculture (pp. 195-229). Academic Press.
- 17. Snyder, C. S., Bruulsema, T. W., Jensen, T. L., & Fixen, P. E. (2009). Review of greenhouse gas emissions from crop production systems and

fertilizer management effects. Agriculture, Ecosystems & Environment, 133(3-4), 247-266

- Wu, H., MacDonald, G. K., Galloway, J. N., Zhang, L., Gao, L., Yang, L. & Yang, T. (2021). The influence of crop and chemical fertilizer combinations on greenhouse gas emissions: A partial life-cycle assessment of fertilizer production and use in China. Resources, Conservation and Recycling, 168, 105303.
- Srivastav, A. L. (2020). Chemical fertilizers and pesticides: role in groundwater contamination. In Agrochemicals detection, treatment and remediation (pp. 143-159). Butterworth-Heinemann.
- Baweja, P., Kumar, S., & Kumar, G. (2020). Fertilizers and pesticides: Their impact on soil health and environment. Soil health, 265-285.
- Singh, T. B., Ali, A., Prasad, M., Yadav, A., Shrivastav, P., Goyal, D., & Dantu, P. K. (2020). Role of organic fertilizers in improving soil fertility. Contaminants in agriculture: sources, impacts and management, 61-77.
- Sharma, A., & Chetani, R. (2017). A review on the effect of organic and chemical fertilizers on plants. Int. J. Res. Appl. Sci. Eng. Technol, 5, 677-680
- -Sumardiono, S., & Murwono, R. D. (2011). Organic Fertilizer Production From Cattle Waste Vermicomposting Assisted By Lumbricus Rubellus. International Journal of Science and Engineering, 2(1), 9-12.
- 24. Rehman, S. U., De Castro, F., Aprile, A., Benedetti, M., & Fanizzi, F. P. (2023).
  Vermicompost: Enhancing plant growth and combating abiotic and biotic stress. Agronomy, 13(4), 1134.
- 25. Wong, W. S., Zhong, H. T., Cross, A. T., & Yong, J. W. H. (2020). Plant biostimulants in vermicomposts: Characteristics and plausible mechanisms. The chemical biology of plant biostimulants, 155-180.
- 26. Ceritoğlu, M., Şahin, S., & Erman, M. (2018). Effects of vermicompost on plant growth and

soil structure. Selcuk Journal of Agriculture and Food Sciences, 32(3), 607-615.

- 27. Edwards, C. A., & Arancon, N. Q. (2022). The use of earthworms in organic waste management and vermiculture. In Biology and ecology of earthworms (pp. 467-527). New York, NY: Springer US
- Lirikum, Kakati, L. N., Thyug, L., & Mozhui, L. (2022). Vermicomposting: an eco-friendly approach for waste management and nutrient enhancement. Tropical Ecology, 63(3), 325-337.
- 29. Brown, G. G., & Doube, B. M. (2004). Functional interactions between earthworms, microorganisms, organic matter, and plants. In Earthworm ecology (pp. 213-239). CRC Press.
- 30. Al-Assiuty, B., Khalil, M., Abdel-Lateif, H., Khalifa, A., Zahra, H. A new approach to evaluate the functional role of earthworms as bioremediators of certain pesticides in soil. Journal of Bioscience and Applied Research, 2024; 10(3): 427-441. doi: 10.21608/jbaar.2024.378858
- 31. Van Groenigen, J. W., Van Groenigen, K. J., Koopmans, G. F., Stokkermans L., Vos, H. M., & Lubbers, I. M. (2019). How fertile are earthworm casts? A metaanalysis. Geoderma, 338, 525- 535.
- 32. Gajalakshmi, S., & Abbasi, S. A. (2004). Earthworms and vermicomposting. Indian Journal of Biotechnology Vol 3, October 2004, pp 486-494
- 33. Capowiez, Y., Gilbert, F., Vallat, A., Poggiale, J. C., & Bonzom, J. M. (2021). Depth distribution of soil organic matter and burrowing activity of earthworms—mesocosm study using X-ray tomography and luminophores. Biology and Fertility of Soils, 57, 337-346.
- 34. Lim, S. L., Wu, T. Y., Lim, P. N., & Shak, K. P. Y. (2015). The use of vermicompost in organic farming: overview, effects on soil and economics. Journal of the Science of Food and Agriculture, 95(6), 1143-1156.

- 35. Edwards, C. A., & Arancon, N. Q. (2022). The influence of environmental factors on earthworms. In Biology and ecology of earthworms (pp. 191-232). New York, NY: Springer US
- 36. Juarez, P. D. A., de la Fuente, J. L., & Paulin, R.
  V. (2011). vermicompost in the process of organic waste and). sewage sludge in the soil. Tropical and Subtropical Agroecosystems, 14(3).
- Blume, H. P., Brümmer, G. W., Fleige, H., Horn, R., Kandeler, E., Kögel Knabner, I., & Wilke, B. M. (2016). Soil organisms and their habitat. Scheffer/SchachtschabelSoil Science, 87-122.
- Longhurst, R. D. (2003). Vermicomposting biosolids and organic wastes (Doctoral dissertation, University of Waikato).
- 39. Curry, J. P. (2004). Factors affecting the abundance of earthworms in soils. Earthworm ecology, 9, 113.
- Tiunov, A. V., & Scheu, S. (2004). Carbon availability controls the growth of detritivores (Lumbricidae) and their effect on nitrogen mineralization. Oecologia, 138(1), 83-90.
- Ducasse, V., Capowiez, Y., & Peigné, J. (2022). Vermicomposting of municipal solid waste as a possible lever for the development of sustainable agriculture. A review. Agronomy for Sustainable Development, 42(5), 89.
- 42. Libutti, A., Russo, D., Lela, L., Ponticelli, M., Milella, L., & Rivelli, A. R. (2023). Enhancement of yield, phytochemical content and biological activity of a leafy vegetable (Beta vulgaris L. var. cycla) by using organic
  48.

amendments as an alternative to chemical fertilizer. Plants, 12(3), 569.

- 43. Abd Elrahman, M. M. A., & Bakr, A. A. E. (2022). Effect of using vermicompost and biofertilizers as partial alternatives for chemical fertilizers on growth and fruiting of Superior grapevines. Scientific Journa of Agricultural Sciences, 4(1), 23-321
- 44. Singh, M., & Wasnik, K. (2013). Effect of vermicompost and chemical fertilizer on growth, herb, oil yield, nutrient uptake, soil fertility, and oil quality of rosemary. Communications in soil science and plan analysis, 44(18), 2691-2700t.
- 45. Almaramah, S. B., Abu-Elsaoud, A. M., Alteneiji, W. A., Albedwawi, S. T., El-Tarabily, K. A., & Al Raish, S. M. (2024). The Impact of Food Waste Compost, Vermicompost, and Chemical Fertilizers on the Growth Measurement of Red Radish (Raphanus sativus): A Sustainability Perspective in the United Arab Emirates. Foods, 13(11), 1608.
- 46. Raj, R., Swaroop, N., Thomas, T., Mohanta, S. R., & Thomas, A. (2024). Effect of Vermicompost and Inorganic Fertilizer on Physico-chemical Properties of Soil on Cowpea (Vigna unguiculata). Journal of Advances in Biology & Biotechnology, 27(7), 1263-1269
- 47. Sinha, R. K., Valani, D., Chauhan, K., & Agarwal, S. (2010). Embarking on a second green revolution for sustainable agriculture by vermiculture biotechnology using earthworms: reviving the dreams of Sir Charles Darwin. Journal of Agricultural Biotechnology and Sustainable Development, 2(7), 113.